

MARK KOVACS, PH.D.

FACSM, CTPS, MTPS, FITPA, CSCS*D, ACSM HFS, USPTA, USATF LEVEL II

TESTIMONIALS

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“Mark Kovacs is a true scientist who is able to communicate effectively with today’s athlete. His ability to take scientific information and make it work for the athlete and coach is excellent. His understanding of the biomechanics involved in sport make him a unique individual in a world of trends and fads. “He is the real deal.”



— **Don Chu, Ph.D., PT, ATC, CSCS**

Past President of the National Strength & Conditioning Association
Author of the best selling book on Plyometrics (*Jumping Into Plyometrics*)
Author of *Power Tennis*

“I have had the privilege to collaborate with Dr. Kovacs on a number of clinical projects, and his expertise in the sports sciences is unmatched. Mark’s passion for enhancing athletic performance through evidence-based training and conditioning, proper nutrition, and coaching education shines through in all of his endeavors. A world renowned and respected leader in the sports sciences community.”



— **Michael A. Yorio, MD**

Director, Player Medical Services for the US Open Tennis Championships (2008-2013)
Team Physician, Jacksonville Jaguars (NFL) (2014- present)

“Mark Kovacs is one of a kind. For years I knew he was an amazing theoretical resource, but working side by side with him opened my eyes to his incredible practical knowledge and application as a sport scientist and coach. I have been lucky to have him as a close resource.”

— **Todd Martin**



CEO, International Tennis Hall of Fame
Former Coach to Novak Djokovic and Mardy Fish
Former Davis Cup star and achieved a career high ranking of #4.

“Mark Kovacs is an industry leader in tennis sports performance. His simple, practical approach with players and coaches as well has made Mark a major force in American Tennis and a very valuable resource for me personally in my quest to become a better, more informed coach!!”

— **Tom Gullikson**

US Davis Cup Captain (1994-1999) Captain to Andre Agassi,
Jim Courier, Pete Sampras, Todd Martin
Former Director of Coaching for the United States Tennis Association (1998-2001)
Former top 5 ATP professional doubles player

